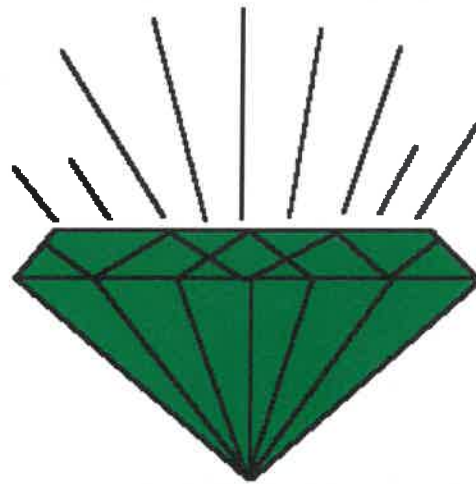


ATHLETIC
HANDBOOK
2019—2020



*MANISTIQUE MIDDLE/
HIGH SCHOOL*

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MANISTIQUE MIDDLE/HIGH SCHOOL

ATHLETIC PROCEDURES AND REGULATIONS

Competent, clean, hard played sports have made a place for interscholastic athletics in the education program of Manistique High School. All students who are participating in interscholastic athletics are acting as ambassadors or representatives of the school system. As such, they must be willing to conduct themselves in a fashion which reflects favorably upon not only the team, but the entire school system as well. All students and their parents should be cognizant of the fact that participating in interscholastic athletics at Manistique High School is a privilege and not a right. This privilege is made available to students on the condition that they comply with the athletic procedures and regulations that follow.

In order to continue our fine tradition and spirit of cooperation between the school and parents, the parent (s) of every athlete are required to read and sign the following rules and regulations, signifying that the parent and student understand them fully.

- A. All rules of eligibility as prescribed by the Michigan High School Athletic Association will be adhered to. This includes:
1. Passing a current physical examination.
 2. Being under 19 years of age unless the birth date occurs on or after September 1.
 3. Having received at least 20 credit hours (4 hours x 5 day/wk = 20) of work during the previous semester and passing at least four academic subjects.
 4. Junior high students who participate in the junior high athletic competition will automatically be governed by the eligibility requirements set up for the high school students. However, incoming freshman's eligibility will be determined by 8th grade second semester performance.
 5. Eligibility will be based on a student's overall grade point average (G.P.A.) for the previous marking period with the following exceptions:
 1. Eligibility for the first marking period is based on the student's overall G.P.A. for the entire 2nd semester of the previous school year.
 2. Whatever marking period the sport starts in determines which marking period's grades are utilized. The previous marking period will be utilized if a sport stretches into the next marking period after it has begun, then the previous marking periods grads will be used following the 2-week grace period.

Example: Swim starts in November – 1st marking period grades used.
New marking period begins in January so after 3 week grace period in late January, then 2nd marking period is used to determine eligibility.

- B. Following are rules by G.P.A. category:
1. The minimum academic eligibility for no-cut sports (football, swim, golf and track, etc) is to have passed at least 4 classes the previous full semester. The minimum academic eligibility for sports that may cut (basketball, volleyball, cheer, etc.) is a 1.67 GPA.
 2. 4.0 – 2.0 (A-C): Fully eligible – no restrictions.
 3. 1.99 – 1.67 (C-): Probation-Students G.P.A. will be checked weekly by the Athletic Director. If G.P.A. is below 2.0:
 1. The student will have a two week grace period immediately following the end of the marking period. During this time the student may still practice. This grace period allows for a fair teacher evaluation. Grade checks will begin on the third Thursday/Friday of the new marking period.
 2. During each week after the student will attend practices but not play until G.P.A. is raised to 2.0 or above.
 3. All 2-hour block classes are to count double in computing GPA as well as counted as two separate classes.
 4. 1.66 – 0.00 (C- to E): Ineligible for competition or practice for the marking period.
 5. **TEAM TRYOUTS:** According to state guidelines those students who are on probation may tryout for any team and continue to be on that team as long as a G.P.A. of 1.67 is maintained.
 6. Ineligible students may not tryout for no cut sports when the sports fall between marking periods. However, when the next report cards are issued if those students have a 1.67 plus, they may participate on no cut teams.

C. Training Rules

1. According to rulings by the state board of education, local school districts have the right to set up regulations for their athletic program for all students regardless of age.
2. It is the purpose of the coaching staff to treat every alleged offense and offender as an individual.

When an offense is committed by an athlete that violates of any tenet of this code, it shall be the coach's prerogative to remove that athletic from participation in interscholastic athletics immediately. It shall be the intent of the Manistique High School athletic program and staff to safeguard the rights and interests of each individual as well as the overall interest of the squad, school and community. The disposition of each offense will be treated in a private manner within the confines of the athletic department, team and family. Every effort will be made to keep publicity minimal.

3. No athlete shall be in violation of applicable statutes regulating possession, use, transportation, sale or purchasing of alcoholic beverages or controlled substances.
4. No student who participates in interscholastic athletics shall smoke or chew tobacco, nor shall they be in possession of chewing tobacco or cigarettes, cigars, pipe tobacco, or any tobacco products.
5. Students involved in interscholastic athletics will not conduct themselves in any manner which would bring embarrassment or adverse public opinion upon student body or the school system.
6. Students are in violation of the Athletic Handbook if they violate the Manistique Middle/High School Parent/Student Handbook, especially those items listed under "unacceptable behavior".
7. If any athlete is found in violation of these training rules the following shall occur:

LEVEL I

1. Consuming alcohol & driving
2. Illegal use/sale/possession/
Distribution/manufacturing of
Narcotics, prescription drugs,
Controlled substances, or "look alikes".
3. Any felony
4. Use of e cigarettes

1st – 1 calendar year suspension

2nd – Permanent suspension

LEVEL II

1. Alcohol – consuming or being
at a party where is consumed
by underage drinkers
2. Ridingw/student-driver who
Has consumed alcohol
3. Use/possession/sale of tobacco
Or related products
4. Misdemeanor

1st – 50% suspension

2nd – 1 year suspension

3rd – permanent suspension

1. The Athletic Director, High School Principal, and Superintendent shall comprise the "administrative council" and shall collaborate on, and determine/impose, all student athlete suspensions. It is the intent of MAS to have any suspension served in a sport that the student-athlete was participating in at the time of the infraction and/or the next sport for which the student would have normally participated in. In no circumstances will a student-athlete be allowed to join a sport so that the suspension can be served in that sport to avoid serving it in another sport. The administrative council may impose a multiple sport suspension or and other consequences that it deems necessary to maintain the integrity of the suspensions a deterrrent and teachable event.
2. A parent/legal guardian may request in writing before the MAS BOE regarding the determination made by the Principal, AD, and Superintendent.
3. A class(es) (example: substance abuse, alcohol highway safety classes, counseling, etc.) may be required in addition to the above specified consequences.
4. Scrimmages do not count toward suspensions.

- D. If any athlete is charged with a violation of this policy he/she will be allowed due process. An appeal of disciplinary action must occur within 30 days of the notice of disciplinary action.
- E. Athletic/Due Process
1. *The Athletic Director, High School Principal, and Superintendent shall comprise the “administrative council” and shall collaborate on, and determine/impose, all student-athlete suspensions.*
 2. *The Board of Education is the next and final appeal of a student-athlete suspension. A student-athlete who wishes to appeal must submit in writing his/her request to the Board of Education, which will then determine the time and place for the appeal.*
 3. *The student will be notified of the penalty.*
 4. *The parents or legal guardian will be notified of the penalty.*
- F. Students will be held accountable for these rules and regulations if they are in violation of a criminal statute for which the student athlete could be confined to jail.
- G. Turning in equipment-No student shall participate in a sport until all equipment has been turned in to the coach from participation in a precious sport.
- H. Dropping a sport
1. *A student who quits a sport will be automatically suspended for 20% of the season for the next sport s/he participates in, if two weeks or more of the season (from the start), have elapsed. If there are extenuating circumstances, the student may appeal to the administrative council. The decision of the administrative council may be appealed to the Board of Education.*
- I. Individual players will be held responsible for malicious damage to property. Individuals are liable for the cost of the damage.
- J. **POINT OF EMPHASIS FOR PLAYERS & COACHES:** Players selected to represent Manistique Area Schools at out of town games are expected to travel to and from games on the team bus; when a school bus is provided. Exceptions may be made prior to travel. A written request must be made by the parent to the coach, and this note would then be approved or unapproved by the coach, athletic director, and or principal.
- K. A student must be in school three hours except in extenuating circumstances to participate in a game or attend a practice session unless the absence has been PREARRANGED with the proper school authorities, including the coach and athletic director.
- L. Regulations for training rules are in effect during the time the sport is in operation both practice and regular play. Our athletic policy is year-round, starting on the first day of practice of the 7th grade year.
- M. Students who are Honor Level 3 are eligible to practice during that time, but are ineligible for competition. Student who are on Honor Level 4 are ineligible to practice, play or travel with their respective team. Assessment of a student’s Honor Level and return to full eligibility will be determined by the Principal and/or Athletic Director.

NCAA INITIAL ELIGIBILITY

Parents and students should be aware that the NCAA has specific guidelines which must be met at the high school level in order to qualify for **sports scholarships** to participating colleges.

Interested students should check their core curriculum annually with a Guidance counselor to verify that they are taking the required courses.

2019-2020 Participation fees: Cost reflects hot lunch qualifiers:

- \$30 for free lunch
- \$60 for reduced lunch
- \$90 for full pay

Family Caps are \$200 per child or \$300 per family

ALL PARTICIPATION FEES MUST BE PAID WITHIN 10 DAYS AFTER PRACTICE BEGINS UNLESS THERE ARE EXTENUATING CIRCUMSTANCES. STUDENT-ATHLETE WILL BE HELD OUT OF PRACTICE IF FEES ARE NOT PAID AFTER THE 10 DAYS HAVE ELAPSED.

Admission fees to games:

- High school games (9-12)
 - Adults \$5
 - Students (k-12) \$3
 - Senior Citizen \$3
- Jr High games
 - Adults \$3
 - Students(k-12) \$2
 - Senior Citizen \$2

Sport Passes

- Family \$120
- Individual \$60
- Couple \$85
- Senior Citizen & students (k-12) \$40

ALSO, please note that participation fees for any **self-funded sports** (currently softball and cross-country) are completely separate from MAS participation fees. Fees for those sports **cannot** be counted toward or applied to the individual or cap amounts.

MANISTIQUE MIDDLE AND HIGH SCHOOL

RETURN THIS FORM TO YOUR COACH

MIDDLE/SENIOR HIGH SCHOOL ATHLETIC PROCEDURES AND REGULATIONS

By affixing our signature we acknowledge that we have read the Athletic Procedures and Regulations and that we understand the teams and conditions of student participation in interscholastic athletics and endorse said document.

This waiver must be signed and returned prior to participation in a sport. Once signed and returned it is kept on file and good for the entire year.

STUDENT _____ Date _____

PARENT/GUARDIAN _____ Date _____

WAIVER FORM

We will assume all financial responsibilities for our son/daughter while participating in interscholastic football, basketball, volleyball, track, swim, golf, wrestling, cheerleading. This also includes any optional or required training on the weight deck of MHS, and includes any injuries pertaining to weight-lifting or similar physical activity. This is in respect to injuries during practice sessions, games or travel.

In case of injury during practice sessions, games or travel I give my permission to the head coach, or member of the staff to transport and seek immediate medical attention.

Student's medical history includes:

Date of Birth _____ Allergies _____

Medical conditions _____

Current Medications _____

Insurance Co. _____ Policy/ID Number _____

Name of Family Doctor _____ Phone # _____

Parent's Home Phone _____ Parent's Work Phone _____

(if parent not available) Alternate # _____

Signature of Parent/Guardian _____ Date _____